

Great Neck Invitational

Final Instructions & Race Assignments

Contact meet director, Damon Reader dreader@greatneck.k12.ny.us if you have any questions.

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Please note the following instructions:

- Check the final order of races (attached).
- Flats or trainers should be worn only.
- Bus drop off will be in front of the school; buses may **not** drive down the emergency access road to get closer to the track.
- Security guards will direct bus drivers to park in the upper lot, the lower parking lot will be reserved for spectator and visitor parking.
- The school building will be **OPEN** to athletes during the competition.
- The restrooms down by the track/nature trail will be **OPEN**, however it is on the course and will have limited access.
- Concessions will be available (definite this year).
- When in the woods, remind your athletes not to stray off the nature trail (there is poison ivy off the beaten path).
- Remind your athletes to throw their garbage in the available garbage cans.
- Teams may make camps in the roped-off areas only.
- Thank you for helping make this run smoothly and best of luck to your athletes today.

2013 Great Neck Invitational Race Assignments

Starting boxes in parenthesis

Freshmen races may move up by 10 minutes time permitting.

9:30-10:00 – Middle school 2 mile course

Wheatley (5)
Valley Stream North (6)
Cold Spring Harbor (7)
Port Washington (8)
Great Neck South (9)

10:00-10:15 – Girls freshmen race - 2 mile course

Cold Spring Harbor (2)
Kellenberg (3)
Great Neck South (4)
VSN (5)

10:15-10:30 – Boys freshmen race - 2 mile course

GNN (4)
VSN (5)
Cold Spring Harbor (6)
Great Neck South (7)
Holy Cross (8)
Calhoun (9)
Oceanside (10)

10:30-11:00 – Girls JV race – 5 K course

Mineola (4)
Valley Stream North (5)
GNN (6)
Cold Spring Harbor (7)
Herricks (8)
Kellenberg (9)
Great Neck South (10)
Valley Stream Central (11)

11:00-11:25 – Boys JV race – 5 K course

Holy Cross (3)
Mineola (4)
Valley Stream North (5)
Cold Spring Harbor (6)
Herricks (7)
Plainview-JFK (8)
Calhoun A (9)
Calhoun B (10)
Oceanside A (11)
Oceanside B (12)
Wheatley (13)

Valley Stream Central (14)

GNN (15)

11:25-11:55 – Girls varsity race – 5K course

Westbury (3)

Herricks (4)

Mineola (5)

Valley Stream Central (6)

Great Neck South (7)

Hunter (8)

Wheatley (9)

Division (10)

Great Neck North (11)

Kellenberg (12)

Cold Spring Harbor (13)

11:55-12:20 – Boys varsity A race – 5K course

Oceanside (3)

Cold Spring Harbor (4)

Calhoun (5)

Plainview-JFK (6)

Westbury (7)

Great Neck South (8)

Valley Stream North (9)

Hunter (10)

12:20-12:45 – Boys varsity B race – 5K course

Herricks (4)

Wheatley (5)

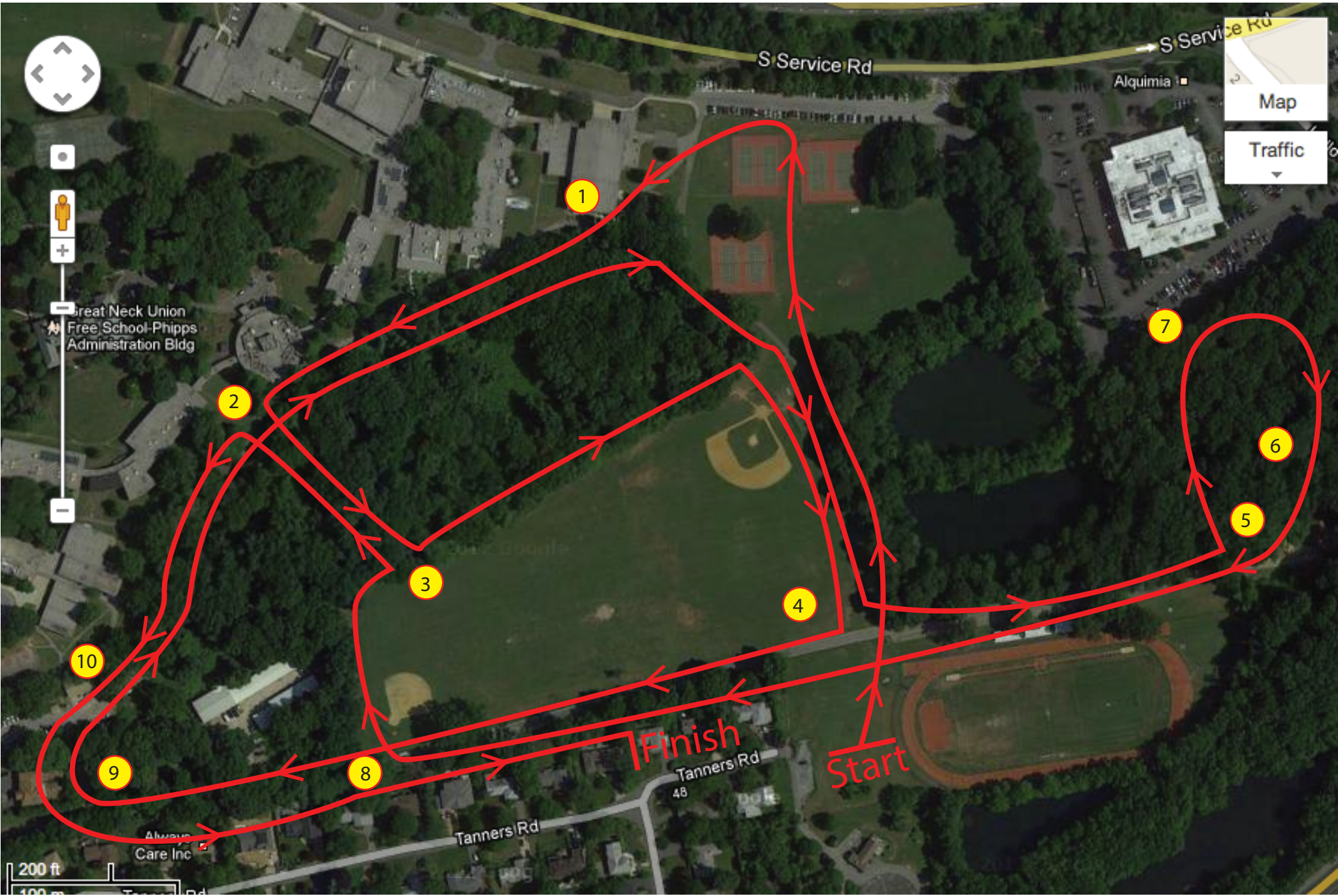
Holy Cross (6)

Division (7)

Great Neck North (8)

Mineola (9)

Valley Stream Central (10)



10

9

2

8

3

1

4

5

6

7

S Service Rd

Alquimia

Great Neck Union
Free School-Phipps
Administration Bldg

Finish

Start

Tanners Rd

Tanners Rd
48

S Service Rd

Map

Traffic

200 ft

100 m