

New York State Coaching Certification Class

Commack Continuing Education

Held at Commack High School

Registration begins September 23

Classes begin the week of October 7

Please call Angela Davis (631-912-2153) Adult Continuing Education office

Email: continuingeducation@commackschools.org

Website: www.commackschools.org

Theory and Techniques of Coaching

Fee : \$135.00

Instructor: Rich Degnan

Classes begin October 10th (ten sessions)

Thursday 7-10 pm

Philosophy, Principles, and Organization of Athletics

Fee : \$180.00

Instructor: Rich Degnan

Classes begin October 9th (fifteen sessions)

Wednesday 7-10 pm

Health Sciences Applied in Coaching

Fee : \$180.00

Instructor: Matt Devins

Classes begin October 9th (fifteen sessions)

Tuesday 7-10 pm

Or email mbundr8029@aol.com for more info