



A GUIDE FOR RACE AND FINISH MANAGEMENT (MOSTLY FOR LEAGUE MEETS)

- * BE SURE OF RACE TIMES, HAVE YOUR TEAM ON THE LINE ON TIME.
- * YOUR TEAM SHOULD KNOW THEIR OPPONENTS IN THE RACE
- * **INSTRUCT JV RUNNERS** TO RUN PAST THE FINISH TO THE BACK OF THE CHUTES, GO INTO CHUTES AS DIRECTED, MOVE ALONG, DON'T GET PASSED, HAVE NUMBER CLEARLY DISPLAYED ON JERSEY. MAKE SURE THEY ARE RECORDED.
- **VARSITY RACES****
- * LOWER CONFERENCE NUMBER ALWAYS FINISHES ON THE BOARD SIDE, HIGHER NUMBER CONFERENCE ON THE ROPE SIDE, (know number of runners in your race at start and how tasks are allotted, spindler, timer, written order by schools, and other cooperative tasks)
- * THERE ARE TWO CHUTES ON EACH SIDE...USE ONE FOR BOYS, ONE FOR GIRLS ASSISTED BY COACHES AT THE BACK OF EACH CHUTE TO SPINDLE STUBS. INSTRUCT RUNNER TO RUN TO BACK OF THE CHUTE, STAY IN ORDER, HAVE STUB READY TO BE SPINDLED. THIS MAKES FOR FASTER MOVEMENT, TRAINS RUNNER FOR LARGER RACES USING CHUTES, AND AVOIDS CONFUSION IN THE FINISH AREA.
- * MAKE SURE TO HAND IN A COMPLETED TIME SHEET, SIGNED BY THE COACHES, AT THE CONCLUSION OF YOUR RACE.

Once varsity races start, NO ONE is permitted on the polo field. No cool downs or warmups. This is a distraction for spectators and runners finishing in a race in progress. Please comply as a courtesy for all. Thanks..

The area where the bike path crosses the course is for coaches only! Spectators are not allowed as it becomes a safety concern.