## Section 8 of the NYS Public High School Athletic Association, Inc. Nassau County Track and Field Officials Association

### High School Track and Field: Pole Vault Certification Card

Pole Vault Certification is required by the National Federation of State Assocoations, the governing body for high school athletics and officiating. Rule #7-4-3 (effective 1995) state that a vaulter shall not be allowed to compete while using a pole which has rating of less than the vaulters actual weight. The purpose of this form is to ensure that the vaulter is competing with a legal pole at each competition. A copy of this form must be presented to both the official in charge and to the meet director before each competition begins. Make several copies and always have them on hand as the vaulter cannot compete without presenting this document.

It is the responsibility of the school to ensure that the pole being used is certified for the vaulter. The required signatures on this form are evidence that all parties are aware of the risks involved when an athlete competes with an illegal pole and that both the athlete and his pole are in compliance with the weight requirement rule. <u>Complete a form each season for all poles that the vaulter will use in competition and whenever the vaulter gains weight to the extent that the listed rating is no longer valid.</u>

#### Safe pole vaulting practices include: Athletes ......

- 1. should always compete with the proper equipment.
- 2. Are prohibited from switching poles during competition unless certified for that pole.
- 3. Should not compete when suffering from an illness or other ailment or when overly tired.
- 4. Must continually inspect their pole for stress cracks, chips etc. which might cause it to break during competition.
- 5. Must refrain from jumping when weather or other conditions might lead to an accident.
- 6. Must continually check the landing surface, planting box and standards to ensure that they are in proper shape and/or adjustment.
- 7. Should not attempt heights for which thay are not practiced at in condition to jump for.

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# **Pole Vault Certification Form**



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