

Cross Country League Meet Procedures

This season, at the request of several coaches, we are going to try scoring league meets using bar codes and scanners like we do the State Qualifiers.

In order to facilitate this each team will be able to designate 15 athletes as their varsity athletes. From that 15, you will choose the 10 who run in any particular league meet. If, during the season, you wish to amend that you can by swapping an existing runner for someone else on your roster. A new roster form is available, it will include a new field, varsity that will be marked either yes or left blank. Please download this form and use it for all Cross Country Roster submission. As always, please keep your roster up to date well before you wish an athlete to be available to compete.

The meet procedure will go like this. All Varsity Head coaches will work on the finish line. Each athlete will wear a tag in addition to their number. You will pick up your tags from John or I when you arrive at Bethpage. Once you have distributed tags return the unused tags and stringer to the meet collection site, usually my car.

At the finish line ONE coach will time the entire race for everyone in that race, one will collect tags at the back of the chute and put them on a stringer, one will work with the timer to record schools as a backup, the fourth coach, if there is one can help with the stringer at the back of the chute. In a dual meet one coach will time the other will collect tags. When done the stringer and time sheet gets turned in to either John or me.

Additions to rosters and changes in your 15 designated athletes must be sent in before 5 PM on the Sunday before the League Meet you want that athlete to participate in.