

# MacArthur Generals Track & Field Fifth Annual Invitational

3369 Old Jerusalem Road, Levittown, NY 11756

SATURDAY- April 5<sup>th</sup>, 2014

*Come Race on our  
Brand New  
6 Lane Track*



*New Event for this Year;  
\*DMR\*  
(1200,400,800,1600)*

**Location:** MacArthur High School

**Time:** 9:30 a.m. (rain or shine)

**Clerking:** 9:20 a.m.

**Coaches Meeting:** 9:10 a.m.

**Questions:**

**E-mail** Coach Jamie San Filippo  
if you plan on attending:

[jsanfilippo@levittownschoools.com](mailto:jsanfilippo@levittownschoools.com)

**OR Call**

**(516) 582-1191 Cell or (516) 520-8450 Work**

**Seeding:** There will be a three event limit per athlete. For individual races, athletes will be self-seeded. Cards will only be needed for relays.

**Awards:** Medals will be awarded to the top 5 individuals, and top 3 relays.

**Equipment:** ¼" Pyramid Spikes **Only!!** may be worn on all runways and the track. Teams will be required to supply their own relay batons and starting blocks.

**Event Information:**

- The High Jump will start at 3'9" for girls and 4'9" for boys.
- The Pole Vault will start at 6' for girls and 8' for boys.
- Long Jump will be contested first, followed by Triple Jump.
- Depending on the number of entries there may be a minimum measurement standard.
- Shot Put & Discus may have a minimum throw based on number of entries.

**Food & Shirts:** Will be on sale the day of the meet.

**Please support the MacArthur Track & Field Mercury Booster Club**

**Entry Fees:** \$160.00 for boys' team, \$160.00 girls' team or \$300.00 combined team, plus the cost of one official. Officials will be split between Section VIII schools, which will be billed through BOCES. Also, there will be a \$5 for individual entry and \$15 for relays. There will be a \$45 minimum entry. All out of Section VIII teams fee is \$175 per team and \$325 combined.

**This is an entry fee NOT a participation fee.**

**Entry Due:** Please fill out entry information and send to (Mail or Fax):

MacArthur High School

C/O Jamie San Filippo

3369 Old Jerusalem Rd.

Levittown, NY 11756

Fax: (516) 520-8450 ext.845

**Entries Dues by April 1st, 2014**

**MacArthur Generals Track & Field Fifth Annual Invitational**  
**SATURDAY- April 5<sup>th</sup>, 2014**

**MacArthur HS Invitational Entry Form**

School \_\_\_\_\_

School Address: \_\_\_\_\_

School Phone Number: \_\_\_\_\_

Please circle one:

<b>BOYS</b>	<b>GIRLS</b>	<b>B&amp;G</b>	<b>NON Section VIII</b>
<b>\$160</b>	<b>\$160</b>	<b>\$300</b>	<b>\$175/\$325 both</b>

Boys Coach: \_\_\_\_\_

Phone: \_\_\_\_\_ E-mail: \_\_\_\_\_

Asst. Coach: \_\_\_\_\_

Girls Coach: \_\_\_\_\_

Phone: \_\_\_\_\_ E-mail: \_\_\_\_\_

Asst. Coach: \_\_\_\_\_

Entry Due: MacArthur High School  
C/O Jamie San Filippo  
3369 Old Jerusalem Rd.  
Levittown, NY 11756  
Make checks or PO's payable to: Mercury Club  
Fax Number (516) 520-8316

**Entries Dues by April 1st, 2014**

**MacArthur Generals Track & Field Fifth Annual Invitational**  
**SATURDAY- April 5<sup>th</sup>, 2014**

**Order of Events:**                      **Each Competitor may compete in any Three Event**

**9:30AM**

Distance Medley Relay	Boys
Distance Medley Relay	Girls
400 Intermediate Hurdles	Boys
400 Intermediate Hurdles	Girls
3200m	Boys
3000m	Girls
100m        (Trials)	Boys
100m        (Trials)	Girls
400m	Boys
400m	Girls
100m	Boys (Final) take 6 back
100m	Girls (Final) take 6 back
1600m	Boys
1500m	Girls
110m	Hurdles (Final on Time)
100m	Hurdles (Final on Time)
800m	Boys
800m	Girls
200m	Boys (Final on Time)
200m	Girls (Final on Time)
1500m    RACEWALK	Girls
4 x 800m	Boys
4 x 800m	Girls
4 x 100m	Boys
4 x 100m	Girls
4 x 400m	Boys
4 x 400m	Girls

**Field Events:** 10:00AM - Long Jump Girls on infield Boys @ the end of the north straight away  
Triple Jump Girls @ the end of the north straight away  
Boys on infield

10:00AM - Pole Vault Girls Opening Height 6'  
Followed by Pole Vault Boys Opening Height 8'

10:00AM - High Jump Girls Opening Height 3'9"  
Followed by High Jump Boys Opening Height 4'9"

10:00AM - Shot Put Girls Followed by Shot Put Boys

10:00AM - Discus Boys Followed by Discus Girls

Entries Dues by April 1st, 2014

**MacArthur Generals Track & Field Fifth Annual Invitational**  
**SATURDAY- April 5<sup>th</sup>, 2014**

SCHOOL \_\_\_\_\_ BOYS \_\_\_\_\_ GIRLS \_\_\_\_\_

100m \_\_\_\_\_ HURDLES \_\_\_\_\_ 4x100 \_\_\_\_\_

200m \_\_\_\_\_ HJ \_\_\_\_\_ 4x400 \_\_\_\_\_

400m \_\_\_\_\_ LJ \_\_\_\_\_ 4x800 \_\_\_\_\_

800m \_\_\_\_\_ SHOT \_\_\_\_\_ 3000m \_\_\_\_\_

1500m \_\_\_\_\_ DISCUS \_\_\_\_\_ 3200m \_\_\_\_\_

1600m \_\_\_\_\_ PV \_\_\_\_\_ TJ \_\_\_\_\_

400IH \_\_\_\_\_ Race Walk \_\_\_\_\_

Boys Team \$160 = \_\_\_\_\_

Girls Team \$160 = \_\_\_\_\_

Combined \$300 = \_\_\_\_\_

**Non-Section VIII Teams**

\$175 per team or \$325 Combo = \_\_\_\_\_

Individuals @ \$5.00 = \_\_\_\_\_

Relays @ \$15.00 = \_\_\_\_\_

TOTAL = \_\_\_\_\_

\$ PAYMENT IS  
\$ DUE WITH  
\$ ENTRY!  
\$ THANK YOU!

*Minimum Entry \$45 === Remember this is an entry fee **NOT** a participation fee*

**Entries Dues by April 1st, 2014**

**MacArthur Generals Track & Field Fifth Annual Invitational**  
**SATURDAY- April 5<sup>th</sup>, 2014**

**Meet Records**

<b>Boys</b>				<b>Events</b>	<b>Girls</b>			
J. Babb	Baldwin	57.2	2011	<b>400IH</b>		Uniondale	67.3	2012
Yance	Forest Hills	10:08.1	2012	<b>3200/3000m</b>	Foote	West Islip	10:43.8	2011
M.Granata	MacArthur	11.0	2010	<b>100m</b>	Fennell	Roosevelt	12.6	2010
Greenwood	Freeport	49.1	2013	<b>400m</b>	G.Nocerino	MacArthur	57.8	2010
Valenski	Massapequa	4:30.7	2010	<b>1600/1500m</b>	Feinberg	Port Washington	4:57.4	2013
Roman	Farmingdale	15.6	2011	<b>110/100HH</b>	N. Natland	MacArthur	15.8	2013
M.Granata	MacArthur	1:57.8	2010	<b>800m</b>	Osman	Northshore	2:22.4	2011
Parker	Roosevelt	22.0	2011	<b>200m</b>	Mongitore M. June	Plainedge St. Anthony's	25.6 25.6	2011 2013
				<b>1500m RW</b>	C. Kiernan	MacArthur	7:56.1	2013
Pierre	Farmingdale	21'2"	2011	<b>LJ</b>	Keiser	Clarke	16'10.75"	2011
B. Doyle	St. Anthony's	13'0"	2013	<b>PV</b>	K. Romano N. Natland	MacArthur MacArthur	9'0" 9'0"	2011 2013
Richardson	Copiague	6'2"	2011	<b>HJ</b>	Clifford	MacArthur	5'2"	2012
C. Pensa	St. Anthony's	51'1.25"	2013	<b>SP</b>	S. Meyer	Seaford	33'3.75"	2011
Johnson	Baldwin	151'0"	2011	<b>Discus</b>	Jordon	Oceanside	80'4"	2013
Pierre	Farmingdale	43'4.50"	2011	<b>TJ</b>	Baum	Lawrence	35'8"	2010
	Freeport	8:39.2	2011	<b>4x800m</b>		St. Anthony's	9:51.3	2013
	Roosevelt	44.6	2010	<b>4x100m</b>		St. Anthony's	50.8	2013
	Baldwin	3:30.1	2011	<b>4x400m</b>		St. Anthony's	4:11.2	2013

**Entries Dues by April 1st, 2014**