

96th Port Washington Invitational

Presented by Port Washington Union Free School District

Friday, May 2nd, 2014 4:15pm

Location: Port Washington High School, 4:15pm

Clerking: Will begin at 4:00pm

Entries: Entry due date is Friday, April 25, 2014.

NO ENTRIES WILL BE ACCEPTED THE DAY OF THE MEET.

The fee is an entry fee and not a participation fee. Once an entry is accepted, the entry fee **must** follow.

Eligibility: Each athlete is limited to 2 events in total (running and field combined). Only freshman and sophomores can enter the Frosh/Soph Invitational 1600/1500m.

Relays: Relays are limited to one team per school.

Invitational Events: The following events are considered invitational events; 1600m/1500 Open and Frosh/Soph Division, 200m Dash.

All coaches who wish to have athletes considered for invitational events must pre seed.

Please send all seeds to Nicole Dumpson at Portwashingontf@gmail.com

All seeded entries must be submitted with athletes full name, school, performance, performance date and meet location. Teams are limited to a 3 athlete maximum in invitational events. Field sizes are listed below. Meet management reserves the right to adjust the number of competitors in the invitational events.

1600m/1500m	16 athletes will be accepted
200m Dash	12 athletes will be accepted

Field Events:	Boys Opening Heights	Girls Opening Heights
	High Jump 5' 0"	High Jump 4' 2"
	Pole Vault 8'	Pole Vault 6' 0"

In the shot put, discus, long and triple jump: all the first jumps and throws will be measured. After that only those over a certain distance will be measured.

Awards: Medals will be given to the top four finishers in all individual events.
Medals will be given to the top three teams in all relay events.

Entry Fees: \$175.00 boys, \$175.00 girl's team or \$325.00 combined team, plus the cost of timing and one official per team. Officials will be split between Section VIII schools and billed through BOCES.
Individuals: \$8.00 per event. **Relays:** \$20.00 per event or use the blanket entry

QUESTIONS: Nicole Dumpson – (516) 469-7763 Portwashingontf@gmail.com
Jeremiah Pope – (516) 417-0055 jpope9.jp@gmail.com

REFRESHMENTS AND T-SHIRTS WILL BE SOLD

Port Washington UFSD

96th Annual Port Washington Invitational

Entry Form

NAME OF SCHOOL: _____

SCHOOL ADDRESS: _____

SCHOOL PHONE: _____

TEAM ENTERED: Boys _____ Girls _____ Both _____

BOYS COACH: _____

PHONE: DAY _____ EVENING _____

E-MAIL: _____

ASST. COACH: _____

GIRLS COACH _____

PHONE: DAY _____ EVENING _____

E-MAIL: _____

ASST. COACH: _____

BOYS ENTRY \$175 _____

GIRLS ENTRY \$175 _____

BOTH ENTRIES \$325 _____

INDIVIDUAL ENTRIES \$8 per event _____

RELAYS \$20 per team _____

TOTAL \$ _____

Athletic Director's Signature

P.O. #

Please send completed entries by mail or fax to:

Schreiber High School
C/O Nicole Dumpson
101 Campus Drive
Port Washington, NY 11050
PHONE NUMBER: (516) 767-5990
FAX NUMBER: (516) 767-5994

Please make checks payable to **Port Washington UFSD**

96TH Annual Port Washington Invitational

Friday, May 2nd, 2014, 4:15 PM

Track Order of Events

Boys 400IH

Girls 400IH

Boys 100m Dash

Girls 100m Dash

Boys 1600m Invitational F/S

Girls 1500m Invitational F/S

Boys 1600m Invitational Open

Girls 1500m Invitational Open

Boys 400m Dash

Girls 400m Dash

Boys 110HH

Girls 100HH

Boys 800m

Girls 800m

Boys 4x400m

Girls 4x400m

Boys 4x100m

Girls 4x100m

Boys 4x800m (Only if time permits)

Girls 4x800m (Only if time permits)

Field Order of Events

Girls Shot – followed by Boys Shot Put

Boys Discus – followed by Girls Discus

Girls Long Jump – followed by Boys Long Jump

Girls Triple Jump – followed by Boys Triple Jump

Boys High Jump – followed by Girls High Jump

Boys Pole Vault – followed by Girls Pole Vault